



# Comedogenic Ingredients

The term **“Comedogenic”** means having the tendency to promote the formation of **comedones (clogged pores)** thus prohibiting the natural excretion of follicular wastes (sebum and dead skin cells) from the follicle.



All people do not react similarly to all ingredients. This list is intended to be only a guideline, and does not make the claim that these ingredients are detrimental to all skins. However, highly comedogenic and moderately comedogenic ingredients should be completely avoided on anyone with a history of acne or product sensitivity.

*Did you know there are comedogenic and irritating ingredients in everyday cosmetics, medications, make up, sun blocks, shaving creams, hair care and skin care products?*

**When assessing a product's possible comedogenicity, consider the following influences:**

- Quantity of the ingredient used in the product.
- Presence of other comedogenic ingredients.
- If the product will remain on the skin or be washed off.
- Where the product is going to be used on the body. The face, neck and back are the most susceptible areas.

## HIGHLY COMEDOGENIC (5)

Acetylated lanolin	Isopropyl isostearate*	Oleyl alcohol
Acetylated lanolin alcohol	Isopropyl lanolate*	Olive oil
Algae extract	Isopropyl linoleate*	Peach kernel oil
Algin	Isopropyl myristate*	Potassium chloride
Butyl stearate	Isopropyl neopentanoate*	PPG-2 myristyl propionate
Capric/caprylic triglyceride	Isopropyl palmitate*	Red algae
Carrageenan	Isostearic acid	Sodium chloride
Cocoa butter	Lanolic acid	Sodium laurel sulfate
Decaglyceryl dacaoleate	Linseed oil	Squalene
Flex oil (aka: linseed oil)	Myreth-3 myristate	Stearyl heptanoate
Hexadecyl alcohol	Octyl palmitate	Sweet almond oil
Isocetyl stearate	Octyl stearate	Wheat germ oil
Isoparaffin C9-11	Oleic acid	

## MODERATELY COMEDOGENIC (3-4)

Butyl stearate	Isostearyl neopentanoate	Propylene glycol monostearate
Ceramides	Laureth-4	Sesame oil
Coconut butter	Lauric acid	Shark liver oil
Coconut oil	Linoleic acid	Sodium laureth sulfate
Colloidal sulfur	Mink oil	Solulan 16
Decyl oleate	Most D&C red pigments	Sorbitan oleate
Ethoxylated lanolins (ex: laneth-10)	Myristic acid	Soybean oil
Ethylhexyl palmitate	Myristyl lactate	Tocopherol
Grape seed oil	Octyldodecanol	Xylene
Hexlene glycol	Palmitic acid	
Isostearyl alcohol	Peanut oil	
	Cetearyl alcohol+ceteareth 20	

\*Isopropyl ester series

## MILDLY COMEDOGENIC (1-2)

Anhydrous lanolin	Capric acid	Mineral oil, cosmetic grade
Apricot kernel oil	Castor oil	Palmitic acid
Ascorbyl palmitate	Chamomile	Sandalwood seed oil
Avocado oil	Corn oil	Safflower oil
Azulene	Crisco™	Simethicone
Behenic acid	Dimethicone	Stearic acid
Beta carotene	Evening primrose oil	Sunflower oil
Black current oil	Glyceryl stearate	Talc
Borage oil	Lanolin alcohol	Vitamin A palmitate
Calendula	Lanolin oil	
Camphor	Lauryl alcohol	

## NON-COMEDOGENIC (0)

Allantoin	Ethanol	Petrolatum, USP
Almond oil	Flowers of sulfur	Polysorbates
Ascorbic Acid	Glycerin	Propylene glycol
Beeswax	Iron Oxides	Propylene glycol dicaprate/dicaprylate
Bentonite	Isopropyl alcohol	SD alcohol
Black walnut extract	Joboba oil	Sodium hyaluronate
Bromelain	Kaolin	Sodium PCA
Candelilla wax	Mineral oil, USP*	Sorbitol
Carmine	Octyl methoxycinnamate	Squalane**
Carnauba wax	Octyldodecyl stearate	Titanium dioxide
Cetyl palmitate	Oxybenzone	Water
Chamomile extract	PABA	Zinc Oxide
Cyclomethicone	Panthenol	Zinc stearate
Dimethicone	Papain	
Emulsifying wax	Paraffin	

\*While not comedogenic, mineral oil can exacerbate the pore-clogging effects of comedogenic ingredients in the product.

\*\*Hydrogenated from Squalene



hair | face | body | nails



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