

Natural & Artificial Nails FAQ

BENEFITS

Q. Why care for my hands and feet?

A. Our hands and feet carry us through every busy hour of every busy day. Go the extra mile and surrender to one of life's simple pleasures. Many men and women enjoy manicures and pedicures for the good looks and taste exemplified by well cared for hands. These state-of-the-art techniques improve the quality and appearance of both nails and skin with unparalleled effectiveness.

ADDITIONAL SERVICES

Q. What if I need a more personalized service?

A. Here are many ways you can personalize your service experience. Additional charges apply.

- Long-wearing, shiny **Gel Polish** is available in most any of our manicure or pedicure options. Select the gel service based on if gel polish removal is needed or not. Gel polish is light cured and professionally removed and reapplied in the salon.
- **Callus Remover** (add on) Specially formulated to gently eliminate calluses effortlessly, this professional-grade formula restores dry or cracked skin on the foot and heel. Can be added to any pedicure service with the exception of Express and Sole Therapy.
- **French Polish** is traditionally polished in "pink with white" tips but is available in an abundance of color combinations in regular polish or gel.
- **Nail Designs** is a specialty service and available only with those Nail Technicians who specialize in it. If you are looking for specific designs, please call in advance to be sure your Nail Technician is a specialist in that area.
- **Fingernail Polish Change** is designed to remove and reapply non-gel polish. If you need more thorough nail care, schedule any one of our Manicure options.

MAINTENANCE

Q. What is my recommended maintenance and home care schedule for Hands and Feet?

A. Follow your Nail Technician's recommendations for regular manicures and pedicures, as it can vary by person. The standard recommendation is:

- Manicures: 1-2 times per month.
- Gel Manicures: every 2-3 weeks.
- Pedicures: every 4 weeks.
- Apply cuticle oil daily. It hydrates and effectively moisturizes cuticles effectively preventing hangnails, fissures and dryness.
- Use hand and foot treatments at home between services to minimize dryness and calluses. Your Nail Technician can recommend the best product(s) for you to use.

DIABETES/BLOOD THINNERS

Q. I have diabetes or am on blood thinners. Can I still receive nail services? Are there any restrictions?

A. Yes, you may receive any of our nail services offered; with special considerations as listed below.

- Please disclose during the booking of your appointment that you have diabetes or are on blood thinners so it can be notated in your profile and on your appointment notes.
- During consultation, if your Nail Technician feels proceeding with the service would be a potential danger to you, they reserve the right to decline service
- Your Nail Technician will alter all service protocols as follows:
 - Lukewarm versus hot water
 - Gentle cuticle work and buffing/exfoliation
 - ZERO cuticle or skin trimming
 - Toenails trimmed straight across to reduce risk of ingrown toenails

ARTIFICIAL NAIL SERVICES

Q. What services are available for Artificial Nails?

A. LCN Gel Nails is a natural-looking carefree alternative for those who experience challenges growing their own nails. Light Concept Nails (LCN) is a light cured resin superior performance to other nail products. It's flexible, customizable, and odorless, doesn't yellow, doesn't lift like acrylic and is gentle on natural nails because there are no aggressive additives. LCN allows wearers to extend the length of their nail or provide a 'heavy duty' overlay to provide additional strength. Services available are:

- **LCN Full Set (Regular Polish) or Forever French Full Set**
- **LCN Fill (Regular Polish) or Forever French Fill**
- **LCN Sand and Seal** is for those times when LCN nails need a refreshing, not a fill. It includes cuticle work, outgrowth demarcation filed down, reshaping and the reapplication of sealant. Sand and Seal is not recommended if your nails are lifting or require repairs.
- **LCN Nail Repair:**
 - With a Fill includes two (2) nail repairs if needed. Additional charge applies per nail.
 - Without a Fill, charge applies per nail.

ARTIFICIAL NAIL MAINTENANCE

Q. What is the standard maintenance and home care for LCN Artificial Nails?

A. Consult with your nail technician to determine the appropriate maintenance schedule.

- Standard recommendation of fills is every two (2) weeks but can vary.
- Apply cuticle oil several times daily to maintain the flexibility of the LCN nails and hydration of cuticles.